

public swimming times

Arc Leisure Matlock

Accurate as of 21/05/2024

Times for Monday 6 December			
Time	Session	Facility	Level
8:00 am - 10:00 am	Family Swim	Teaching Pool	
9:15 am - 10:00 am	Aqua Aerobics	Main Pool	
9:15 am - 10:00 am	Open Swim (mid to deep end only)	Main Pool	
10:00 am - 4:00 pm	Open Swim (half pool)	Main Pool	
11:00 am - 12:30 pm	Swim School	Teaching Pool	
12:30 pm - 1:30 pm	Family Swim	Teaching Pool	
4:00 pm - 6:00 pm	Swim School	Teaching Pool	
4:00 pm - 7:00 pm	Swim School	Main Pool	
5:00 pm - 6:00 pm	Open Swim (2 lanes)	Main Pool	
6:00 pm - 6:45 pm	Family Swim	Teaching Pool	
7:00 pm - 9:45 pm	Private Hire	Main Pool	