

public swimming times

Arc Leisure Matlock

Accurate as of 11/10/2026

Times for Sunday 11 October			
Time	Session	Facility	Level
8:00 am - 10:00 am	Family Swim	Teaching Pool	
8:00 am - 10:00 am	Open Swim with Lanes	Main Pool	
10:00 am - 12:00 pm	Floats & Fun	All Facilities	
12:00 pm - 2:00 pm	Floats & Fun	All Facilities	
2:00 pm - 3:30 pm	Open Swim with Lanes	Main Pool	
2:00 pm - 3:30 pm	Family Swim	Teaching Pool	
4:15 pm - 6:15 pm	Swim Club (Whole Pool)	Main Pool	