## **public swimming programme**Ashbourne Leisure Centre

## Accurate as of 17/05/2024

Times for Thursday 4 March			<b>©</b>
Time	Session	Facility	Level
6:30 am - 9:30 am	Lane Swimming	Pool	
9:30 am - 10:30 am	Toddler Splash (Parent & Under 5 yrs)	Pool	
10:30 am - 11:30 am	Accessible Swim Session	Pool	
11:30 am - 12:15 pm	Aqua Aerobics	Pool	
4:00 pm - 6:00 pm	Swim School	Pool	
7:00 pm - 8:30 pm	Open Swim (3 lanes)	Pool	