

# public swimming programme

## Ashbourne Leisure Centre

Accurate as of 17/04/2024

### Times for Thursday 11 March



Time	Session	Facility	Level
6:30 am - 9:30 am	Lane Swimming	Pool	
9:30 am - 10:30 am	Toddler Splash (Parent & Under 5 yrs)	Pool	
10:30 am - 11:30 am	Accessible Swim Session	Pool	
11:30 am - 12:15 pm	Aqua Aerobics	Pool	
4:00 pm - 6:00 pm	Swim School	Pool	
7:00 pm - 8:30 pm	Open Swim (3 lanes)	Pool	