public swimming programme
Ashbourne Leisure Centre

Accurate as of 12/10/2024

Times for Thursday 23 June

Time	Session	Facility	Level
6:30 am - 9:30 am	Lane Swimming	Pool	
9:30 am - 10:30 am	Toddler Splash (Parent & Under 5 yrs)	Pool	
9:30 am - 10:30 am	Open Swim (mid to deep end only)	Pool	
10:30 am - 11:30 am	Accessible Swim Session	Pool	
11:30 am - 12:15 pm	Aqua Aerobics	Pool	
12:30 pm - 1:15 pm	Open Swim with Lanes	Pool	
1:15 pm - 3:30 pm	School Swimming	Pool	
3:30 pm - 4:00 pm	Open Swim with Lanes	Pool	
4:00 pm - 6:00 pm	Swim School	Pool	
6:15 pm - 7:00 pm	Aqua Aerobics	Pool	
7:00 pm - 8:30 pm	Open Swim (3 lanes)	Pool	
8:30 pm - 9:30 pm	Sub Aqua Club	Pool	