

exercise class programme

Wirksworth Leisure Centre

Accurate as of 21/08/2026

Times for Thursday 27 August



Time	Session	Facility	Level
8:15 am - 9:15 am	Yoga Gentle	Studio	beginner / intermediate
10:00 am - 11:00 am	Circuits	Studio	beginner / intermediate
7:00 pm - 8:00 pm	Pilates	Studio	beginner