

# exercise class programme

## Morrison Leisure Centre

Accurate as of 20/05/2024

### Times for Saturday 4 May



Time	Session	Facility	Level
8:15 am - 9:15 am	Freedom Indoor Cycling	Stiwdio A / Studio A	
9:25 am - 10:25 am	Cylchedau / Circuits	Stiwdio B / Studio B	
10:25 am - 11:20 am	Pilates	Stiwdio B / Studio B	