

# exercise class programme

## Bishopston Sports Centre

Accurate as of 06/05/2024

### Times for Wednesday 28 July



Time	Session	Facility	Level
9:00 am - 9:45 am	Awakening	Stiwdio A / Studio A	
7:00 pm - 7:45 pm	Sweat!	Stiwdio A / Studio A	