exercise class programme Bishopston Sports Centre

Accurate as of 19/05/2024

| Times for Wednesday 28 July | | | • |
|-----------------------------|-----------|----------------------|-------|
| Time | Session | Facility | Level |
| 9:00 am - 9:45 am | Awakening | Stiwdio A / Studio A | |
| 7:00 pm - 7:45 pm | Sweat! | Stiwdio A / Studio A | |