exercise class programme George Campbell Leisure Centre

Accurate as of 17/04/2024

| Times for Monday 30 November | | | | (|
|------------------------------|------------------------|----------|-------|----------|
| Time | Session | Facility | Level | |
| 9:30 am - 10:30 am | Aqua Aerobics | Pool | | |
| 6:00 pm - 7:00 pm | Freedom Indoor Cycling | Studio 2 | | |