

exercise class programme

George Campbell Leisure Centre

Accurate as of 03/05/2024

Times for Monday 6 December



Time	Session	Facility	Level
9:30 am - 10:30 am	Aqua Aerobics	Pool	
6:00 pm - 7:00 pm	Freedom Indoor Cycling	Studio 2	
7:10 pm - 7:55 pm	Body Pump	Studio 1	