

# exercise class programme

## George Campbell Leisure Centre

Accurate as of 08/05/2024

Times for Monday 13 December			
Time	Session	Facility	Level
9:30 am - 10:30 am	Aqua Aerobics	Pool	
6:00 pm - 7:00 pm	Freedom Indoor Cycling	Studio 2	
7:10 pm - 7:55 pm	Body Pump	Studio 1	