

# exercise class programme

## George Campbell Leisure Centre

Accurate as of 03/05/2024

### Times for Wednesday 15 December



Time	Session	Facility	Level
10:00 am - 10:45 am	Freedom Indoor Cycling	Studio 2	
6:00 pm - 7:00 pm	Spinning®	Studio 2	
7:00 pm - 8:00 pm	Freedom Circuits	Studio 1	