

# exercise class programme

## George Campbell Leisure Centre

Accurate as of 14/05/2024

### Times for Monday 25 March



Time	Session	Facility	Level
9:30 am - 10:30 am	Aqua Aerobics	Pool	
9:30 am - 10:30 am	Legs, Bums & Tums	Studio 1	
10:30 am - 11:30 am	Zumba	Studio 1	
6:00 pm - 7:00 pm	Boxercise	Studio 1	
7:15 pm - 8:15 pm	Body Pump	Studio 1	