

exercise class programme

George Campbell Leisure Centre

Accurate as of 14/05/2024

Times for Monday 1 April				
Time	Session	Facility	Level	
9:30 am - 10:30 am	Aqua Aerobics	Pool		
9:30 am - 10:30 am	Legs, Bums & Tums	Studio 1		
10:30 am - 11:30 am	Zumba	Studio 1		
6:00 pm - 7:00 pm	Boxercise	Studio 1		
7:15 pm - 8:15 pm	Body Pump	Studio 1		