

exercise class programme

George Campbell Leisure Centre

Accurate as of 15/05/2024

Times for Friday 5 April



Time	Session	Facility	Level
6:30 am - 7:15 am	Freedom Bootcamp	Studio 1	
9:30 am - 10:30 am	Zumba	Studio 1	
10:30 am - 11:30 am	Pure Stretch	Studio 1	
11:30 am - 12:30 pm	Total Body Conditioning	Studio 1	