

# public swimming programme

## Hudson Leisure Centre

Accurate as of 18/05/2026

### Times for Tuesday 19 May



Time	Session	Facility	Level
6:30 am - 8:45 am	Lane Swimming	main pool	
9:00 am - 10:00 am	School Swimming	main pool	
9:00 am - 12:00 pm	School Swimming	teaching pool	
12:00 pm - 12:45 pm	Parent & Toddler (under 5s)	teaching pool	
12:00 pm - 12:45 pm	Lane Swimming	main pool	
1:00 pm - 2:00 pm	School Swimming	main pool	
2:00 pm - 2:45 pm	Open Swim (2 lanes)	main pool	
2:00 pm - 7:00 pm	Swim School	teaching pool	
3:00 pm - 3:45 pm	Adult Lessons	main pool	
4:00 pm - 5:30 pm	Swim School	main pool	
5:30 pm - 8:30 pm	Swim Club	main pool	
8:30 pm - 9:15 pm	Lane Swimming	main pool	