

public swimming programme

Hudson Leisure Centre

Accurate as of 02/10/2026

Times for Wednesday 7 October			
Time	Session	Facility	Level
6:30 am - 8:45 am	Lane Swimming (3 lanes)	main pool	
10:00 am - 10:45 am	Parent & Toddler (under 5s)	teaching pool	
11:00 am - 11:45 am	School Swimming	teaching pool	
11:00 am - 12:00 pm	School Swimming	main pool	
12:00 pm - 1:00 pm	Lane Swimming (3 lanes)	main pool	
12:00 pm - 1:30 pm	Swim School	teaching pool	
1:30 pm - 2:30 pm	School Swimming	main pool	
3:00 pm - 3:45 pm	Lane Swimming (3 lanes)	main pool	
3:30 pm - 7:00 pm	Swim School	teaching pool	
4:00 pm - 6:00 pm	Swim School	main pool	
6:00 pm - 6:45 pm	Open Swim (2/3 pool)	main pool	
7:00 pm - 8:00 pm	Aqua Aerobics	main pool	
8:00 pm - 8:45 pm	Lane Swimming (3 lanes)	main pool	