

# public swimming programme

## Manor Leisure Centre

Accurate as of 26/04/2024

### Times for Thursday 23 September



Time	Session	Facility	Level
6:30 am - 9:45 am	Lane Swimming (3 lanes)	main pool	
10:00 am - 11:00 am	Aqua Aerobics	main pool	
11:00 am - 12:00 pm	Parent & Toddler (under 5s)	teaching pool	
2:45 pm - 3:30 pm	Lane Swimming (3 lanes)	main pool	
3:30 pm - 6:30 pm	Swim School	main pool	
4:00 pm - 6:30 pm	Swim School	teaching pool	