public swimming programme Manor Leisure Centre

Accurate as of 17/05/2024

Times for Tuesday 16 August				<u>(</u>
Time	Session	Facility	Level	
6:30 am - 10:45 am	Lane Swimming (3 lanes)	main pool		
9:00 am - 11:00 am	Crash Course	teaching pool		
11:00 am - 11:45 am	Open Swim	main pool		
11:00 am - 11:45 am	Open Swim	teaching pool		
12:00 pm - 12:45 pm	Floats & Fun	main pool		
12:00 pm - 12:45 pm	Floats & Fun	teaching pool		
1:00 pm - 3:00 pm	Swim School	teaching pool		
1:30 pm - 2:30 pm	Aqua Aerobics	main pool		
2:45 pm - 3:30 pm	Lane Swimming (3 lanes)	main pool		
3:30 pm - 6:00 pm	Swim School	main pool		
3:30 pm - 6:30 pm	Swim School	teaching pool		
6:00 pm - 7:00 pm	Open Swim	main pool		
7:30 pm - 9:00 pm	Swim Club	main pool		