

public swimming programme

Manor Leisure Centre

Accurate as of 03/05/2024

Times for Tuesday 16 August



| Time | Session | Facility | Level |
|---------------------|-------------------------|---------------|-------|
| 6:30 am - 10:45 am | Lane Swimming (3 lanes) | main pool | |
| 9:00 am - 11:00 am | Crash Course | teaching pool | |
| 11:00 am - 11:45 am | Open Swim | main pool | |
| 11:00 am - 11:45 am | Open Swim | teaching pool | |
| 12:00 pm - 12:45 pm | Floats & Fun | main pool | |
| 12:00 pm - 12:45 pm | Floats & Fun | teaching pool | |
| 1:00 pm - 3:00 pm | Swim School | teaching pool | |
| 1:30 pm - 2:30 pm | Aqua Aerobics | main pool | |
| 2:45 pm - 3:30 pm | Lane Swimming (3 lanes) | main pool | |
| 3:30 pm - 6:00 pm | Swim School | main pool | |
| 3:30 pm - 6:30 pm | Swim School | teaching pool | |
| 6:00 pm - 7:00 pm | Open Swim | main pool | |
| 7:30 pm - 9:00 pm | Swim Club | main pool | |