

# public swimming programme

## Manor Leisure Centre

Accurate as of 05/05/2024

Times for Tuesday 23 August			
Time	Session	Facility	Level
6:30 am - 10:45 am	Lane Swimming (3 lanes)	main pool	
8:45 am - 11:00 am	Crash Course	teaching pool	
11:00 am - 11:45 am	Open Swim	main pool	
11:00 am - 11:45 am	Open Swim	teaching pool	
12:00 pm - 12:45 pm	Floats & Fun	main pool	
12:00 pm - 12:45 pm	Floats & Fun	teaching pool	
1:00 pm - 3:00 pm	Swim School	teaching pool	
1:30 pm - 2:30 pm	Aqua Aerobics	main pool	
2:45 pm - 3:30 pm	Lane Swimming (3 lanes)	main pool	
3:30 pm - 6:00 pm	Swim School	main pool	
3:30 pm - 6:30 pm	Swim School	teaching pool	
6:00 pm - 7:00 pm	Open Swim	main pool	
7:30 pm - 9:00 pm	Swim Club	main pool	