

public swimming programme

Manor Leisure Centre

Accurate as of 01/05/2024

Times for Thursday 4 April



Time	Session	Facility	Level
6:30 am - 9:45 am	Lane Swimming (3 lanes)	main pool	
8:45 am - 9:45 am	Parent & Toddler (under 5s)	teaching pool	
10:00 am - 11:00 am	Aqua Aerobics	main pool	
10:00 am - 12:00 pm	Crash Course	main pool	
12:00 pm - 12:45 pm	Accessible Swim Session	main pool	
12:45 pm - 1:45 pm	Open Swim	main pool	
12:45 pm - 1:45 pm	Open Swim	teaching pool	
1:45 pm - 2:45 pm	Floats & Fun	main pool	
1:45 pm - 2:45 pm	Floats & Fun	teaching pool	
2:45 pm - 3:30 pm	Lane Swimming (3 lanes)	main pool	
3:30 pm - 6:30 pm	Swim School	main pool	
4:00 pm - 6:30 pm	Swim School	teaching pool	
6:30 pm - 8:30 pm	Swim Club	main pool	
8:00 pm - 8:45 pm	Lane Swimming (3 lanes)	main pool	