public swimming programme Manor Leisure Centre

Accurate as of 15/05/2024

Times for Thursday 4 April				()
Time	Session	Facility	Level	
6:30 am - 9:45 am	Lane Swimming (3 lanes)	main pool		
8:45 am - 9:45 am	Parent & Toddler (under 5s)	teaching pool		
10:00 am - 11:00 am	Aqua Aerobics	main pool		
10:00 am - 12:00 pm	Crash Course	main pool		
12:00 pm - 12:45 pm	Accessible Swim Session	main pool		
12:45 pm - 1:45 pm	Open Swim	main pool		
12:45 pm - 1:45 pm	Open Swim	teaching pool		
1:45 pm - 2:45 pm	Floats & Fun	main pool		
1:45 pm - 2:45 pm	Floats & Fun	teaching pool		
2:45 pm - 3:30 pm	Lane Swimming (3 lanes)	main pool		
3:30 pm - 6:30 pm	Swim School	main pool		
4:00 pm - 6:30 pm	Swim School	teaching pool		
6:30 pm - 8:30 pm	Swim Club	main pool		
8:00 pm - 8:45 pm	Lane Swimming (3 lanes)	main pool		