Group Exercise Timetable Stantonbury Leisure Centre

Accurate as of 18/05/2024

Times for Wednesday 23 June				٩
Time	Session	Facility	Туре	
09:30 - 10:15	Zumba® Gold	Studio	Dance	
17:45 - 18:05	Fab Abs*	Gym	Conditioning	
19:00 - 19:45	Boxercise	Studio	Cardio	