

public swimming programme

Littlehampton Wave

Accurate as of 17/05/2025

Times for Wednesday 28 October



Time	Session	Facility	Level
7:00 am - 7:45 am	Adults (16+)	main pool	
8:00 am - 8:45 am	Adults (16+)	main pool	
9:00 am - 3:30 pm	Open Swim	main pool	
9:30 am - 1:40 pm	Swim School	multiuse pool	
3:30 pm - 7:00 pm	Swim School	main pool	
3:30 pm - 7:00 pm	Swim School	multiuse pool	
7:00 pm - 7:45 pm	Disabled Swim Club	main pool	
7:00 pm - 8:30 pm	Disabled Swim Club	multiuse pool	
8:00 pm - 10:00 pm	Adults (16+)	main pool	