## public swimming programme Littlehampton Wave

## Accurate as of 02/05/2024

Times for Monday 2 November			
Time	Session	Facility	Level
7:00 am - 7:45 am	Adults (16+)	main pool	
8:00 am - 8:45 am	Adults (16+)	main pool	
9:00 am - 12:30 pm	Swim School	multiuse pool	
9:00 am - 3:30 pm	Open Swim	main pool	
3:30 pm - 7:00 pm	Swim School	main pool	
3:30 pm - 7:00 pm	Swim School	multiuse pool	
7:00 pm - 8:00 pm	Swim Club	main pool	
8:00 pm - 9:00 pm	Swim Club	main pool	
9:00 pm - 10:00 pm	Adults (16+)	main pool	