

public swimming programme

Littlehampton Wave

Accurate as of 20/05/2022

Times for Friday 28 January



Time	Session	Facility	Level
6:30 am - 9:30 am	Adults (16+)	main pool	
9:00 am - 2:00 pm	Open Swim	multiuse pool	
9:30 am - 10:15 am	Aqua Aerobics	main pool	
10:00 am - 2:00 pm	Swim School	multiuse pool	
10:15 am - 4:00 pm	Open Swim	main pool	
10:30 am - 11:30 am	Private Hire	main pool	
3:30 pm - 7:00 pm	Swim School	main pool	
3:30 pm - 7:00 pm	Swim School	multiuse pool	
7:00 pm - 9:00 pm	Private Hire	multiuse pool	
7:00 pm - 10:00 pm	Private Hire	main pool	
9:00 pm - 10:00 pm	Adults (16+)	multiuse pool	