group exercise programme Stone Leisure Centre

Accurate as of 16/05/2024

| Times for Saturday 30 March | | | 8 |
|-----------------------------|--------------|---------------|-------|
| Time | Session | Facility | Level |
| 10:00 am - 11:00 am | Zumba | studio 1 | |
| 10:00 am - 11:15 am | Private Hire | MyRide Studio | |
| 11:15 am - 12:15 pm | Fitness Yoga | studio 1 | |
| 12:00 pm - 1:30 pm | Private Hire | MyRide Studio | |