

pool programme

Stone Leisure Centre

Accurate as of 29/05/2026

Times for Monday 1 June



Time	Session	Facility
6:30 am - 7:30 am	Lane Swimming	pool
7:30 am - 8:30 am	Adult Swim	pool
8:30 am - 9:25 am	Adult Swim	pool
9:45 am - 10:30 am	Aqua Aerobics	pool
10:45 am - 11:30 am	Swim for All	pool
12:00 pm - 12:45 pm	Adult Swim	pool
12:45 pm - 1:30 pm	Adult Swim	pool
3:05 pm - 3:50 pm	50+ Swim	pool
4:00 pm - 6:00 pm	Swim School	pool
6:00 pm - 8:00 pm	Private Hire	pool