pool programme
Stone Leisure Centre

Accurate as of 29/11/2026

Times for Friday 4 December

Time	Session	Facility
6:30 am - 7:30 am	Lane Swimming	pool
7:30 am - 8:30 am	Adult Swim	pool
8:30 am - 9:25 am	Adult Swim	pool
9:30 am - 10:00 am	Parent & Toddler Splash	pool
10:05 am - 11:05 am	Swim for All	pool
11:05 am - 12:05 pm	Swim for All	pool
12:15 pm - 1:00 pm	Adult Swim	pool
1:00 pm - 1:45 pm	Adult Swim	pool
2:00 pm - 2:45 pm	Swim for All	pool
3:05 pm - 3:50 pm	50+ Swim	pool
4:00 pm - 6:00 pm	Swim School	pool
6:05 pm - 6:50 pm	Swim for All	pool
7:00 pm - 7:45 pm	Aqua Aerobics	pool
8:00 pm - 9:00 pm	Adult Swim	pool