## **New Swimming Pool Timetable**Riverside Ice & Leisure Centre

Accurate as of 14/05/2024

| Times for Wednesday 18 May |                                       |                                | ) |
|----------------------------|---------------------------------------|--------------------------------|---|
| Time                       | Session                               | Facility                       |   |
| 06:00 - 07:00              | Lane Swim - 3 Double lanes (2m)       | Main Pool 2m Depth (25m)       |   |
| 07:00 - 07:45              | Lane Swim -Whole pool double lanes    | Main Pool 2m Depth (25m)       |   |
| 08:40 - 09:50              | Lane Swim - 3 double lanes available  | Main Pool Variable Depth (25m) |   |
| 08:40 - 16:00              | Lane Swim - 3 Double lanes (2m)       | Main Pool 2m Depth (25m)       |   |
| 09:00 - 11:55              | Public Swim                           | Learner & Splash Pool          |   |
| 10:00 - 10:45              | Aqua Tone                             | Main Pool Variable Depth (25m) |   |
| 10:50 - 12:00              | Lane Swim - 1 double lane             | Main Pool Variable Depth (25m) |   |
| 13:30 - 15:55              | Public Swim                           | Learner & Splash Pool          |   |
| 14:50 - 15:55              | Public lane swim                      | Main Pool Variable Depth (25m) |   |
| 18:15 - 19:00              | Aqua Cardio 1.3m                      | Main Pool Variable Depth (25m) |   |
| 19:00 - 20:15              | Lane Swim - 3 double lanes available* | Main Pool Variable Depth (25m) |   |
| 19:30 - 20:15              | Aqua Deep                             | Main Pool 2m Depth (25m)       |   |
| 20:30 - 22:00              | Lane Swim - Whole Pool Double Lanes*  | Main Pool 2m Depth (25m)       |   |