

New Swimming Pool Timetable

Riverside Ice & Leisure Centre

Accurate as of 05/05/2024

Times for Friday 20 May

Time	Session	Facility
06:00 - 07:00	Lane Swim - 3 Double lanes (2m)	Main Pool 2m Depth (25m)
07:00 - 07:45	Lane Swim -Whole pool double lanes	Main Pool 2m Depth (25m)
09:40 - 15:55	Lane Swim - 3 Double lanes (2m)	Main Pool 2m Depth (25m)
12:00 - 12:45	Aqua Cardio 1.3m	Main Pool Variable Depth (25m)
14:35 - 16:55	Lane Swim - 3 double lanes available	Main Pool Variable Depth (25m)
16:00 - 19:00	Flume - min height 1.2m	Pool Flume
17:00 - 19:00	Public Swim*	Main Pool Variable Depth (25m)
19:50 - 21:30	Lane Swim - 3 double lanes available*	Main Pool 2m Depth (25m)