


New Swimming Pool Timetable

Riverside Ice & Leisure Centre

Accurate as of 28/04/2024

Times for Monday 23 May			
Time	Session	Facility	
06:00 - 07:45	Lane Swim -Whole pool double lanes	Main Pool 2m Depth (25m)	
08:40 - 11:55	Lane Swim - 3 double lanes available	Main Pool Variable Depth (25m)	
09:00 - 09:45	Aqua Deep	Main Pool 2m Depth (25m)	
09:50 - 19:15	Lane Swim - 3 Double lanes (2m)	Main Pool 2m Depth (25m)	
13:50 - 14:50	Musical Splash session with toys and nursery rhymes*	Learner & Splash Pool	
14:05 - 14:50	Active Health	Main Pool Variable Depth (25m)	
18:15 - 19:15	Womentime swim for ladies*	Main Pool Variable Depth (25m)	