

New Swimming Pool Timetable

Riverside Ice & Leisure Centre

Accurate as of 20/09/2026

Times for Friday 18 September			
Time	Session	Facility	
06:00 - 07:00	Lane Swim - 3 Double lanes (2m)	Main Pool 2m Depth (25m)	
07:00 - 08:45	Lane Swim -Whole pool double lanes	Main Pool 2m Depth (25m)	
09:40 - 11:55	Lane Swim - 3 double lanes available	Main Pool Variable Depth (25m)	
09:40 - 15:55	Lane Swim - 3 Double lanes (2m)	Main Pool 2m Depth (25m)	
12:00 - 12:45	Aqua Cardio 1.3m	Main Pool Variable Depth (25m)	
13:30 - 14:30	Private Hire	Main Pool Variable Depth (25m)	
14:00 - 16:00	Public Swim	Learner & Splash Pool	
14:35 - 16:55	Lane Swim - 3 double lanes available	Main Pool Variable Depth (25m)	
16:00 - 18:15	Public Swim*	Learner & Splash Pool	
17:00 - 19:00	Public Swim*	Main Pool Variable Depth (25m)	
17:00 - 19:00	Flume - min height 1.2m	Pool Flume	
18:30 - 19:30	Disco Swim*	Learner & Splash Pool	
19:05 - 20:25	Public Swim*	Main Pool Variable Depth (25m)	
19:50 - 21:30	Lane Swim - 3 double lanes available*	Main Pool 2m Depth (25m)	