

New Swimming Pool Timetable

Riverside Ice & Leisure Centre

Accurate as of 20/09/2026

Times for Thursday 24 September



Time	Session	Facility
06:00 - 08:25	Lane Swim -Whole pool double lanes	Main Pool 2m Depth (25m)
08:40 - 09:10	Public Swim	Main Pool Variable Depth (25m)
08:40 - 15:55	Lane Swim - 3 Double lanes (2m)	Main Pool 2m Depth (25m)
09:00 - 12:25	Public Swim	Learner & Splash Pool
09:15 - 10:15	School Session	Main Pool Variable Depth (25m)
10:20 - 15:55	Lane Swim - 3 double lanes available	Main Pool Variable Depth (25m)
12:30 - 13:30	Musical Splash session with toys and nursery rhymes*	Learner & Splash Pool
14:35 - 15:55	Public lane swim	Main Pool Variable Depth (25m)
18:15 - 19:15	Sensory Session*	Learner & Splash Pool
18:35 - 19:55	Public Swim*	Main Pool Variable Depth (25m)
18:35 - 19:55	Flume - min height 1.2m	Pool Flume
20:10 - 22:00	Lane Swim - 3 double lanes available*	Main Pool 2m Depth (25m)