

# Class Timetable

## Live Active Loch Leven

Accurate as of 22/09/2026

Times for Saturday 19 September



| Time          | Session            | Facility                    |
|---------------|--------------------|-----------------------------|
| 08:15 - 08:45 | Spin Express       | Live Active Loch Leven      |
| 09:00 - 09:45 | Total Body Workout | Loch Leven Community Campus |
| 09:50 - 10:20 | Core               | Loch Leven Community Campus |
| 10:30 - 11:30 | Yoga               | Loch Leven Community Campus |