

# public swimming programme

## The Stour Centre

Accurate as of 03/05/2024

### Times for Monday 11 October



Time	Session	Facility
6:30 am - 7:45 am	Adult Lanes	main pool
8:15 am - 9:30 am	Public Swim	main pool
10:30 am - 12:00 pm	Public Swim	main pool
3:30 pm - 7:00 pm	Swim School	main pool
7:00 pm - 9:00 pm	Lane Swimming (3 lanes)	main pool
7:00 pm - 9:30 pm	Ashford Town Swimming Club	main pool