

public swimming programme

The Stour Centre

Accurate as of 27/06/2025

Times for Monday 27 March			
Time	Session	Facility	
6:30 am - 10:30 am	Open Swim	main pool	
6:30 am - 12:45 pm	Lane Swimming (3 lanes)	main pool	
9:30 am - 12:30 pm	Swim School	teaching pool	
10:00 am - 11:00 am	Toddler Splash (Parent & Under 5 yrs)	leisure pool	
10:30 am - 11:15 am	Aqua (Combined)	main pool	
11:15 am - 12:45 pm	Open Swim (3 lanes)	main pool	
1:00 pm - 2:15 pm	School Swimming	main pool	
3:45 pm - 6:45 pm	Swim School	main pool	
3:45 pm - 7:15 pm	Swim School	teaching pool	
3:45 pm - 7:15 pm	Swim School	leisure pool	
7:00 pm - 9:00 pm	Open Swim (3 lanes)	main pool	
8:00 pm - 9:30 pm	Ashford Town Swimming Club	main pool	