


public swimming programme

The Stour Centre

Accurate as of 22/06/2025

Times for Saturday 1 April			
Time	Session	Facility	
8:00 am - 11:00 am	Swim School	main pool	
8:00 am - 11:00 am	Swim School	teaching pool	
10:30 am - 4:15 pm	Open Swim with Flume & River	leisure pool	
11:00 am - 3:00 pm	Open Swim (3 lanes)	main pool	
11:00 am - 3:00 pm	Open Swim	main pool	
11:00 am - 4:15 pm	Public Swim	teaching pool	
4:00 pm - 7:00 pm	Private Hire	main pool	