


# public swimming programme

## The Stour Centre

Accurate as of 09/05/2025

Times for Sunday 2 April			
Time	Session	Facility	
8:00 am - 10:30 am	Open Swim (2 lanes)	main pool	
8:30 am - 10:30 am	Swim School	teaching pool	
10:30 am - 4:00 pm	Open Swim (3 lanes)	main pool	
10:30 am - 4:15 pm	Leisure Pool Session	leisure pool	
10:30 am - 4:15 pm	Public Swim	teaching pool	
4:00 pm - 7:30 pm	Ashford Town Swimming Club	main pool	
4:30 pm - 5:30 pm	SEND Swim	leisure pool	