


# public swimming programme

## The Stour Centre

Accurate as of 13/05/2025

Times for Wednesday 5 April			
Time	Session	Facility	
6:30 am - 9:15 am	Open Swim (3 lanes)	main pool	
8:00 am - 9:15 am	Public Swim	main pool	
9:30 am - 12:00 pm	Swimming Lessons	teaching pool	
3:45 pm - 6:45 pm	Swim School	main pool	
3:45 pm - 7:15 pm	Swim School	teaching pool	
7:00 pm - 9:00 pm	Open Swim (2 lanes)	main pool	
8:00 pm - 9:00 pm	Ashford Town Swimming Club	main pool	