public swimming programme The Stour Centre

Accurate as of 18/05/2024

	ession	
Time S	ession	Facility
6:30 am - 1:00 pm O	pen Swim	main pool
6:30 am - 1:00 pm O	pen Swim (3 lanes)	main pool
9:30 am - 12:00 pm S	wim School	teaching pool
12:00 pm - 1:00 pm O	pen Swim	main pool
12:00 pm - 1:00 pm To	oddler Splash (Parent & Under 5 yrs)	leisure pool
1:15 pm - 2:45 pm Se	chool Swimming	main pool
1:15 pm - 2:45 pm Se	chool Swimming	teaching pool
2:45 pm - 3:30 pm Si	taff Training	main pool
3:45 pm - 6:45 pm S	wim School	main pool
3:45 pm - 6:45 pm S	wim School	leisure pool
3:45 pm - 7:15 pm S	wim School	teaching pool
7:00 pm - 9:00 pm O	open Swim (2 lanes)	main pool
7:00 pm - 9:00 pm O	pen Swim	main pool
7:00 pm - 9:00 pm O	pen Swim (2 lanes)	main pool
8:00 pm - 9:00 pm A	shford Town Swimming Club	main pool