

public swimming programme

The Stour Centre

Accurate as of 04/05/2024

Times for Sunday 28 April



Time	Session	Facility
8:00 am - 11:00 am	Open Swim (2 lanes)	main pool
8:30 am - 10:30 am	Swim School	teaching pool
8:30 am - 10:30 am	Swim School	main pool
10:30 am - 11:45 am	Open Swim with Flume & River	leisure pool
10:30 am - 11:45 am	Public Swim	teaching pool
11:00 am - 4:00 pm	Open Swim	main pool
11:00 am - 4:00 pm	Open Swim (3 lanes)	main pool
12:00 pm - 1:15 pm	Open Swim with Flume & River	leisure pool
12:00 pm - 1:15 pm	Public Swim	teaching pool
1:30 pm - 2:45 pm	Open Swim with Flume & River	leisure pool
1:30 pm - 2:45 pm	Public Swim	teaching pool
3:00 pm - 4:15 pm	Open Swim with Flume & River	leisure pool
3:00 pm - 4:15 pm	Public Swim	teaching pool
4:00 pm - 7:30 pm	Ashford Town Swimming Club	main pool
4:30 pm - 5:30 pm	SEND Swim	leisure pool