

public swimming programme

The Stour Centre

Accurate as of 11/05/2026

Times for Tuesday 16 December



Time	Session	Facility
6:30 am - 1:00 pm	Lane Swimming (3 lanes)	main pool
8:00 am - 1:00 pm	Open Swim	main pool
10:00 am - 12:00 pm	Toddler Splash (Parent & Under 5 yrs)	leisure pool
2:00 pm - 3:30 pm	Open Swim	main pool