

# public swimming programme

## The Stour Centre

Accurate as of 11/05/2026

### Times for Saturday 20 December



Time	Session	Facility
10:30 am - 4:15 pm	Open Swim with Flume & River	leisure pool
11:15 am - 3:00 pm	Lane Swimming (3 lanes)	main pool
11:15 am - 4:15 pm	Open Swim	teaching pool
4:00 pm - 7:00 pm	Private Hire	main pool
4:30 pm - 7:30 pm	Private Hire	leisure pool