

public swimming programme

The Stour Centre

Accurate as of 11/05/2026

Times for Sunday 21 December



Time	Session	Facility
8:00 am - 4:00 pm	Open Swim with Lanes	main pool
10:30 am - 4:15 pm	Open Swim with Flume & River	leisure pool
10:30 am - 4:15 pm	Open Swim	teaching pool
4:00 pm - 7:30 pm	Ashford Town Swimming Club	main pool
4:30 pm - 5:30 pm	SEND Swim	leisure pool