

Riverside Gym Timetable

Riverside Ice & Leisure Centre

Accurate as of 20/05/2024

Times for Sunday 28 April			
Time	Session	Facility	
06:00 - 07:00	Gym Session	Gym	
07:15 - 08:15	Gym Session	Gym	
08:30 - 10:00	Gym Session	Gym	
10:15 - 11:45	Gym Session	Gym	
12:00 - 13:00	Gym Session	Gym	
12:00 - 13:00	Move It	Gym	
13:15 - 14:15	Gym Session	Gym	
14:30 - 15:30	Gym Session	Gym	
15:45 - 16:45	Gym Session	Gym	
17:00 - 18:00	Gym Session	Gym	