

# Riverside Gym Timetable

## Riverside Ice & Leisure Centre

Accurate as of 09/05/2024

### Times for Sunday 28 April



Time	Session	Facility
06:00 - 07:00	Gym Session	Gym
07:15 - 08:15	Gym Session	Gym
08:30 - 10:00	Gym Session	Gym
10:15 - 11:45	Gym Session	Gym
12:00 - 13:00	Gym Session	Gym
12:00 - 13:00	Move It	Gym
13:15 - 14:15	Gym Session	Gym
14:30 - 15:30	Gym Session	Gym
15:45 - 16:45	Gym Session	Gym
17:00 - 18:00	Gym Session	Gym