

Riverside Gym Timetable

Riverside Ice & Leisure Centre

Accurate as of 09/05/2024

Times for Monday 29 April



Time	Session	Facility
06:00 - 07:00	Gym Session	Gym
07:10 - 08:10	Gym Session	Gym
08:20 - 09:20	Gym Session	Gym
09:30 - 11:00	Gym Session	Gym
11:10 - 12:10	Gym Session	Gym
12:20 - 13:20	Gym Session	Gym
13:30 - 14:30	Gym Session	Gym
14:45 - 15:45	Gym Session	Gym
16:00 - 17:00	Move It	Gym
16:00 - 17:30	Gym Session	Gym
17:45 - 19:15	Gym Session	Gym
19:30 - 21:00	Gym Session	Gym