

Riverside Gym Timetable

Riverside Ice & Leisure Centre

Accurate as of 20/05/2024

Times for Sunday 5 May



Time	Session	Facility
06:00 - 07:00	Gym Session	Gym
07:15 - 08:15	Gym Session	Gym
08:30 - 10:00	Gym Session	Gym
10:15 - 11:45	Gym Session	Gym
12:00 - 13:00	Gym Session	Gym
12:00 - 13:00	Move It	Gym
13:15 - 14:15	Gym Session	Gym
14:30 - 15:30	Gym Session	Gym
15:45 - 16:45	Gym Session	Gym
17:00 - 18:00	Gym Session	Gym