

Riverside Group Exercise Class Timetable

Riverside Ice & Leisure Centre

Accurate as of 14/05/2024

Times for Wednesday 21 April

Time	Session	Facility
9:30 am - 10:00 am	LBT	Gym
10:15 am - 11:00 am	Pilates	Gym
6:15 pm - 7:00 pm	Step	Gym
7:15 pm - 8:00 pm	Yoga	Gym