


Riverside Group Exercise Class Timetable

Riverside Ice & Leisure Centre

Accurate as of 02/05/2024

| Times for Sunday 25 April | | |  |
|---------------------------|-------------------|----------|---|
| Time | Session | Facility | |
| 9:00 am - 9:45 am | Clubbercise | Gym | |
| 10:00 am - 10:45 am | Body Conditioning | Gym | |
| 11:00 am - 11:45 am | Pilates | Gym | |