## Riverside Group Exercise Class Timetable Riverside Ice & Leisure Centre

Accurate as of 02/05/2024

Times for Wednesday 28 April			<u>(</u>
Time	Session	Facility	
9:30 am - 10:00 am	LBT	Gym	
10:15 am - 11:00 am	Pilates	Gym	
6:15 pm - 7:00 pm	Step	Gym	
7:15 pm - 8:00 pm	Yoga	Gym	